

State Employee Health Plan Newsletter

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MEET THE TEAM

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INTRODUCTION TO THE NEWSLETTER

Welcome to our first SEHP newsletter, 2019! In this newsletter, we hope to increase communication and awareness regarding our State Employee Health Plan and the valuable services it offers. It is our mission to provide State of Kansas and Non-State participants with the knowledge and tools they need to use the Health Plan to their ultimate benefit. Below you will see important information and reminders regarding current offerings.

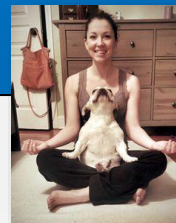
YOUR SEHP BENEFITS

Click on the logos below to access each vendor's website. There you can register an account, order a replacement card, view your records, and more.



May is Mental Health Awareness Month

Set a goal this month to master one new good habit throughout the summer!



TELEHEALTH

Both Blue Cross Blue Shield of Kansas and Aetna offer virtual doctor visits with licensed medical providers via the internet or your smartphone, available 24/7. For details, visit the links below:

[BCBSKS Members](#)

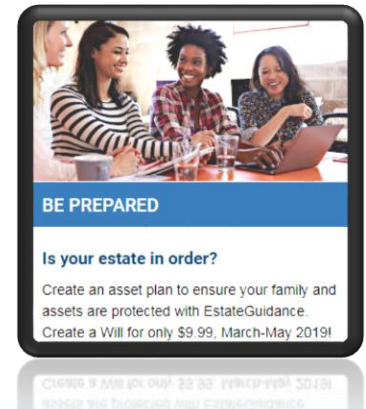


[Aetna Members](#)



VALUE-ADDED BENEFITS

In addition to your standard health benefits, the SEHP offers a variety of value-added benefits that promote healthy, positive lifestyles and save you on health expenditures. One of these important benefits is the [EAP \(Employee Assistance Program\)](#). This program offers a wide range of support services and valuable resources for all employees, whether or not you are covered on other benefit plans. These benefits are offered at no additional cost to you, and through the end of May, they are featuring a Will preparation special to assist you. Check them out [here!](#)



The Answer to High Prescription Costs? Rx Savings Solutions!

As a member of the State Employee Health Plan, you have a powerful way to help control your pharmacy costs. [Rx Savings Solutions](#) is available to every SEHP member.

This confidential online tool determines every way possible to lower the cost of your prescriptions. Best of all, Rx Savings Solutions does all the work for you—and everyone on your health plan.

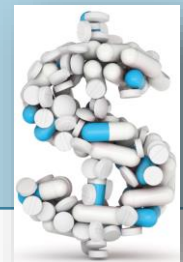
With Rx Savings Solutions, you can:

- **Locate better prices** for your prescription drugs at pharmacies near you.
- Identify medications that perform the same as your current prescription, but with a **lower out-of-pocket price**.
- **Search and compare** prices and other options before being prescribed a new medication.
- Use Rx Savings Solutions to **automate a prescription change** request from your prescriber—no need to call your doctor!
- **Always know** when there's an opportunity save. Savings Notifications are sent directly to your email or favorite mobile device.



Questions?

The Rx Savings Solutions Pharmacy Support team is **staffed with Certified Pharmacy Technicians** who are available to assist with prescription questions at no cost to you. They can be reached Monday-Friday from 7:00 a.m. to 8:00 p.m. at 1-800-268-7746 or support@rxsavingsolutions.com.



Have a question about your benefits? [Contact us here!](#)

KDHE.Benefits@ks.gov

Use this address for questions about coverage and/or HealthQuest rewards.

Have a question about your membership? [Contact us here!](#)

kdhe.SEHPMembership@ks.gov

Use this address for questions about your enrollment and/or changes to your coverage.

